

West Coast Veterinarian References and Further Reading
Issue 64, September 2026

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FROM THE SBCV WCV

“When Passion Meets Exhaustion: Burnout in Veterinary Students”

By Shawna Williams, BSA

APA Dictionary of Psychology. s.v. “burnout.” Accessed July 13, 2026.

<https://dictionary.apa.org/burnout>.

American Veterinary Medical Association. “Wellbeing Resources for Veterinary Professionals.” Accessed July 13, 2026. <https://www.avma.org/resources-tools/wellbeing>.

Bookbinder, Lauren C. “Integrating resources for well-being in veterinary students and graduates: contextualizing contemporary literature.” *American Journal of Veterinary Research* 86, no. 5 (2025): ajvr.25.02.0037. <https://doi.org/10.2460/ajvr.25.02.0037>.

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FROM UBC’S ANIMAL WELFARE PROGRAM

“Post-Pandemic Declines in Sterilized Dogs Entering US Shelters”

By Lexis Ly, PhD, and Samantha Hill, MNO

Hill, Samantha, Lexis H. Ly, John Cornelison, and Julie Levy. “Decrease in Proportion of Sterilized Dogs Entering Animal Welfare Organizations in the US Post-pandemic.” *Journal of Shelter Medicine and Community Animal Health* 4 (2025). <https://doi.org/10.56771/jsmcah.v4.157>