It’s OK to talk about emotions: Finding your emotional comfort zone in your veterinary work

Euthanasia is an intensely emotional experience for everyone. As veterinary professionals you might have experienced a mix of emotions around euthanasia, maybe grief or fear or anger or pride or joy. Dr. David Hannah, at Simon Fraser University in B.C. is leading some fascinating and eye-opening research around one’s personal comfort zone at euthanasia. Join this webinar to hear Dr. Hannah explain what a comfort zone is, how we can be more aware of the zone and its facilitators and hindrances, and do your veterinary work, especially euthanasia and other intense work, more effectively and sustainably. This webinar is the second in a series of webinars of the “Time to Talk about Vet Mental Health” Merck-CVMA initiative. The vision to come together as a community and have open conversations about mental health in Canadian veterinary medicine.

November 29th, 2019 From 12:00pm to 1:00pm (EST)
Speaker: David R. Hannah is an Associate Professor of Management at the Beedie School of Business at Simon Fraser University. He received his PhD from the University of Texas at Austin. Dr. Hannah is a Past President of the Western Academy of Management and was chosen as their 2008 Ascendant Scholar. His research focuses on how people navigate dilemmas and tensions in their working lives, and his recent study on how veterinarians cope with the emotional demands of their work will be published in Academy of Management Discoveries in 2020. His other research has been published in numerous leading journals, including the Academy of Management Review, Organization Science, Sloan Management Review, Journal of Management Studies, Business Horizons, Journal of Management Inquiry, and the Journal of Business Ethics. He is an Associate Editor of the Journal of Management Inquiry, a past recipient of the SFU Faculty of Business Administration Research Excellence Award, and the 2005 winner of the SFU Faculty of Business TD-Canada Trust Teaching Excellence Award.

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